



What would you lose from your life if you lost your sight?

Sisters Isoken, Abigail and Destiny said they'd lose seeing Mum and Dad, the beach and watching each other dance.

RNIB help children who have lost their sight find their lives again. We provide books, vacation programmes, coaching and support so they can get on with having fun and growing up, just like any other children.

Right now we can only help one in three of those who need us most. Your £20 donation will help us reach them all.

Visit mb.org.uk/lost or call 0845 345 0054

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RNIB. PHOTOGRAPHER: SEAMUS RYAN



What would you lose from your life if you lost your sight?

We're asking you to take a moment and try to imagine a life without sight. We asked team mates Jim, Robert and Ben to do the same.

Ben told us he'd lose the freedom to travel, Jim said seeing day turn to night and Robert said he'd lose his confidence.

Tell us what you'd lose.
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What would you lose from your life if you lost your sight?

We're asking you to take a moment and try to imagine a life without sight. We asked hikers Roy and Michael to do the same.

Roy told us he'd lose the joy of studying plants and Michael said the turning of the seasons.

Tell us what you'd lose.
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A photograph of three chefs in a kitchen setting. Two men and one woman are standing, all with their eyes closed. The woman in the center is holding a blue egg carton filled with brown eggs. They are wearing white chef coats and black and white striped aprons. The background is a plain, light blue wall.

What would you lose from your life if you lost your sight?

Chefs Thomas, Guillaume and Adrianna told us they'd lose the colour of cooking and seeing people delight in their food.

Every day around 100 people begin to lose their sight. RNIB are helping people who have lost their sight find their lives again.

We've helped doctors, lawyers and chefs all find ways to keep working but, right now, we can only help one in three of the people who need us most.

You can help us reach them all.
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